Active Hospitals Staff Induction

# **Welcome to the team!**

Active Hospitals aims to change the physical activity culture within hospitals to encourage patients to move more.

Interventions have been designed to:

* Influence behaviour change amongst patients
* Influence behaviour change in staff
* Integrate physical activity into NHS systems
* Implement a governance structure to ensure sustainability

This document outlines the key elements of your role, the team and induction details.

Don’t worry, there is a lot of information however, we will discuss and go through it all during the first few weeks.

We really hope you enjoy the role we have a great team and lots of energy for change.

# **The Team and useful contacts:**

|  |  |  |
| --- | --- | --- |
| **Name** | **Role**  | **Email** |
| **Insert central team contacts here…** |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
| **Insert local pathway contacts here…** |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

## **Pathway aim:**

*Insert overall aim of pathway here…*

## **Pathway Interventions:**

*Overview of the patient journey and pathway map…*

*Overview of the pathway interventions…*

# **Your Personal Development Plan:**

All members of the team should have a specific personal development plan related to their role within the project. This PDP should be agreed at the beginning of attachment and updated by a name supervisor. It should aid to develop and keep professional knowledge and skills up to date. We have a PDP template that you can use to complete this.

Your Clinical Supervisor is …..

## **Key learning Objectives:**

*Insert key learning objectives of the role e.g.*

* *Practical application of knowledge and skills in promotion of physical activity for health*
* *Practical application of Motivational Interviewing with reflection*
* *Audit*
* *Developing resources*
* *Opportunities to deliver teaching and presentations*

## **Leaflets & Resources:**

*Summary of key patient and staff leaflets and resources for use in role….*

## **Audits:**

*This is important part of the governance process. Current audits ongoing and plans for future audits can be documented here, with time scales for completion and responsibilities.*

# **Timetable:**

Time table for induction process…

|  |  |  |  |
| --- | --- | --- | --- |
| **Week** | **Week starting** | **Actions** | **With** |
| 1 |  |  |  |
| 2 |  |  |  |
| 3 |  |  |  |
| 4 |  |  |  |
| 5 |  |  |  |
| *Etc.* |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |